



2019 PARTICIPANT DETAILS

5K/10K Run and Family Fun Walk (1.6 miles) | Saturday, May 11th | Druid Hill Park, Baltimore, MD | Race begins at 8 AM

Dear Race Participant,

Thank you so much for signing up to run or walk in this year's Race Against Traffick! Please read through this packet and familiarize yourself with the important details prior to Saturday! If you have any questions, visit aramintafreedom.org/race or email contact@aramintafreedom.org

PACKET PICK-UP

Two Options — Friday, May 10th -OR- Saturday, May 11th

At Packet Pick-Up get your:

- Race packet
- Bib
- Timing Chip (5k and 10k only)
- T-Shirt (included with 5k or 10k, or if paid \$10 a la carte)

Friday, May 10th, 2:00 – 7:00 pm *(Avoid the crowds Saturday morning)*

Location: Charm City Run
2045 York Rd #2, Lutherville-Timonium, MD 21093

Saturday May 11th, 6:30 – 7:45 am (RACE DAY!)

Location: At the Lakeside Pavilion, on Grove Road, inside
Druid Hill Park, Baltimore, 21217

PARKING

Parking will be available **along Swann Drive, Mansion House Drive, and East Drive**. **Please DO NOT park** on Red Road, Grove Road or Shop Road. **It will be easiest to find the race and park if you enter through Swann Drive!**

Please look for the parking attendants who will be ready to help you find a spot. **Once you enter the park, allow 15-20 minutes for parking, as it can be a substantial walk from some parking areas to get to the Pavilions.** [Click here to see the 2019 Parking Map](#)

WALK-UP REGISTRATION

For participants who need to register on site, please arrive between 6:30 – 7:00 am to ensure timely registration of all participants. From the parking lots, you will see balloons, signs and people directing you to the event area. Be sure to get there early enough to get parked, get prepped to race, get some food & visit our sponsor tables!

Race Day packet pick up and walk-up registration will be at Station #1 (The Lakeside Pavilion) and will be available from 6:30 – 7:45 am. Be sure to still invite someone!

ONCE YOU HAVE YOUR RACE PACKET

Whether you picked up your packet on Friday May 10th or on race day, PROCEED TO STATION #2: The Name Writing Station. Here you may choose to run or walk in honor of a survivor who has been affected by trafficking.

Those inclined to pray for a survivor may do so by proceeding to **STATION #3: The Prayer Station.**

PRE-RACE WARM-UP AND START TIMES

Race warm-up and stretching will begin at 7:45 am followed by brief race course instructions.

- **The 10K run** will begin promptly at **8:00 am**.
- **The 5K Run/walk** will begin at **8:02 am**, just after the 10K run starts.
- **The Family Fun Walk** will begin at approx. **8:07 am** after the 5K run starts. Walkers please line up behind all runners in the “chute”. As this is a multi-loop course, all walkers please be aware of the runners coming up behind you and stay to one side at all times.

POST-RACE PROGRAM

Post-Race Program and Awards Ceremony starts approximately by 9:30 am. Be sure to stick around to hear about the work of Araminta, visit JVI’s “Shop for Freedom”, have fun in the family area, as well as celebrate the race winners.

AWARD MEDALS

Medals will be given to the 1st, 2nd & 3rd place male and female finishers of the 10k & 5K in the following categories:

Overall, 13 & under, 14-19, 20-29, 30-39, 40-49, 50-59, and 60+

Medals will be given to the 1st, 2nd & 3rd place overall (12 yrs & under) boy and girl for the Family Fun Walk

Please note: The top three overall finishers (male and female) for 5k, 10k and Walk (12&under) will be recognized publicly during our post-race program. All other results will be posted on the Race Team Thank You Banner and medals may be collected at the Lakeside Pavilion.

EVENT LAYOUT AND COURSE MAPS

Want to see the layout of the event? Check out this link: https://aramintafreedom.org/wp-content/uploads/2019/05/2019_RACE_SETUP.pdf

Want to see the 10k and 5k Map My Run Courses? Check out these links:

10K: <https://www.mapmyrun.com/routes/view/1553687458>

5K: <https://www.mapmyrun.com/routes/view/1553701696>

**This course does not run around the lake at Druid Hill Park due to prolonged construction with Baltimore City Public Works.*

PLEASE NOTE

Strollers are welcome, but please leave your pets, bikes, roller blades and skateboards at home. Also, please keep checking the website: aramintafreedom.org/race as any changes that may occur will be posted there.

PARENTS: While this is a family friendly event, and we have volunteers ready to support you, please do not leave your children unattended at any point during the event. Please be sure your child is accompanied for the Family Fun Walk, in the family fun area, and at the Druid Hill Park playground.

The Swann Pavilion is a large and covered area that will have a "bag drop & belongings table". You are welcome to use this, but leave items at your own risk. The table will not be monitored.

Araminta Freedom Initiative is not liable for any loss, injury, damage, or expense incurred during the event. To read the waiver signed and agreed to by each participant during registration, [click here](#).

***** While human trafficking is a dark and difficult issue to talk to your children about, the day of the race will be family friendly. We will be sure that all messages about trafficking are appropriate and safe for little ears. It will be a memorable day for you and your family, as you run or walk together on behalf of the children we serve. *****

We look forward to seeing you at Race Against Traffick on Saturday, May 11th!

Sincerely,
The Race Planning Committee

Be sure to share your Race Against Traffick experience on social media and tag @AramintaFreedom with hashtag #raceagainstraffick

[Facebook](#) | [Twitter](#) | [Instagram](#)